

Backpacking Gear List

Event: One Night Trip

Personal Gear (Each scout brings his own)

1. Backpack
2. Sleeping Bag
3. Lightweight sleeping pad (optional, but recommended)
4. Small pillow (or small bag to stuff jacket into to form pillow)
5. Clothing – Includes both items worn and packed (i.e. 2 pr socks means 1 to wear and 1 to pack.)
 1. 1 pair well broken in shoes or hiking boots
 2. 2 pair socks – Merino wool or synthetic preferred
 3. 1 pair long pants – preferably not heavy jeans
 4. 1 T-shirt
 5. 1 pair shorts
 6. 1 warm sweatshirt or jacket
 7. 1 hat for sun protection (wide brimmed or baseball cap)
 8. 1 winter hat for warmth and sleeping
 9. Sleeping clothes – Lightweight pajamas or similar
 10. 2 pair underwear
 11. Poncho or rain jacket
6. Water bottle(s) – 2 quarts per person (Extremely important. No water available on the trail)
7. Bowl – Plastic or lightweight metal, deep
8. Spoon or spork
9. Lip Balm
10. Headlamp or small flashlight with fresh batteries
11. Toothbrush
12. Small bundle of toilet paper
13. Black plastic garbage bag for pack cover
14. Personal medication, if any
15. Small pocket knife (optional)
16. Camp towel (optional)
- 17. Tinfoil wrapped dinner to cook and eat Friday Night**

Group Gear (Coordinated by the group)

1. Lightweight backpacking tents
2. Empty milk jug for storing extra water at camp (1 for every 4 people).
3. Water purifier
4. Matches
5. Biodegradable soap or hand sanitizer
6. Toothpaste
7. Camp saw
8. First aid kit
9. Backpacking stove with fuel
10. Cooking Gear
11. Extra tarp for sun/rain shelter
12. Nylon cord
13. Sunblock
14. Duct tape for field repairs
15. All food other than Friday night